

Negative vs. Positive thoughts

1. **Thoughts become actions**– Good thoughts brings good actions. What you are thinking about, that will affect your behaviors?
2. **Your mind is more powerful than you think**– Don't worry about the how, think about the what. Our mind wants to trick us into believing things are harder than they really are.
3. **Speak it into reality**– Don't keep your thoughts to yourself. If you have a good idea or plan, share it with the world.



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